



## Breakout Session Proceedings Recording

**Dallas  
February 5, 2007**

### **Breakout Session**

**Time: 1:25-2:10 p.m.**

**Presentation Title: Increasing Hispanics in the Health Professions**

**Moderator: Debbie Warren**

**Recorder: Linda Lamar**

**Session Participants:**

Brenda Allen, Nick Celeden, Jan Parrish, Tina Fields, Cindy Jones, Terri Avarra, Elaine Evans, Amanda Reyes, Alepon Rhodes, Miguel Gaona, Olga Zasova, Norma Martinez, Debbie Warren, Linda Lamar  
(Some writing was not legible)

***Please record the discussion and plans that are made in this session below. These proceedings are going to be posted immediately. Please finalize this document as soon as possible and save the document on the laptop.***

### **Discussion Notes:**

Presenter: Dr. Gilbert:

Mission: The Hispanic Healthcare Professionals (HISPA) is a non-profit, social organization dedicated to promoting the health, education and well-being of the Latino Community.

Focus: Prevention, education, policy how to approach the necessities for the Hispanic community.

To consider methods to meet well being of the community.

Wanted to create a network to connect with various professions to address community needs.

Example: Hospitals wanted a translator, they might be called, but no real network had yet been established.

Language barriers have been one of the greatest challenges.

Cultural proficiency, understanding how to deliver professional care to support providers/practitioners.

Diverse cultures with Latin origin can be difference within particular culture.

Example: Taking people out of their normal setting to place in a hospice setting. Contact with the family to understand cultural morays. Caregivers must be helped to understand the new/different approach than they are accustomed.

Culturally proficient manor.

Health Care Think Tank – How to approach Hispanics from a pharmaceutical perspective.

Networking among heath care professionals.

Specific seminars to address certain areas – death, dying

Policy seminars on mental illness

Health and Wellness Fairs

Trying to social express – example, cook with wheat tortillas

Diabetes, high cholesterol prevention/education

Needs/resources (need more bilingual nurses) communicate and provide care within cultural context.

25,000 at the Health Fair through UNT Health Science Center – this may be the only health check up some people may get.

Someone 50 years old who had her first female exam was in tears because she could have it and at no cost.

One-on-one relationships are significant

John Peter Smith thinks this is important so people do not seek this care through the ER.

Young adolescents as interpreters is a challenge. Child telling mother she has cancer.

Scholarships given in various career pursuits based on GPA

[www.hispaprofessional.org](http://www.hispaprofessional.org)

#### **Bulleed Action Points or Summary Points of Discussion:**

- **The organization currently is in Fort Worth**
- **51% of all Latinos in Texas are in the Metroplex**
- **City wide seminars to train nurses, social workers**
- **Education through Senior centers, churches (86% of Latinos are Catholic)**
- **Train the trainers**

## **Train the trainer**